



# 2023 Inter-League Rules & Regulations

Inter-league rules are in addition to FIFA, Cal South, and District 5 Rules

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## League Responsibilities

- A. Provide a home pitch.
- B. Ensure that non-divisional involved board members are present at all home matches. They will assist the referees and coaches with any sideline, spectator, and/or player verbal or physical issues.
- C. Must review players receiving three (3) yellow cards for continued unsportsmanlike conduct resulting in a one match suspension.
- D. Must report disciplinary hearing results held due to ejected players for fighting to inter-league coordinators.
- E. Hosting league will provide referees.
  - a. Referee crew will consist of two (2) center referees or a center referee and two assistant referees.
  - b. Center referees must be eighteen (18) years old or older and have a current Grade 9 or higher referee license.
  - c. Assistant referees must be at least fifteen (15) years of age or older and have a current Grade 9 or higher referee license.
  - d. Referees are NOT to collect player ID cards for any reason.
- F. Hosting league is responsible for collecting all match reports.
- G. Once all conflicts/error(s) are corrected by inter-league coordinator(s) the published schedule will be the game schedule for the remainder of the U18 season. No other adjustments will be honored.
- H. Coaches/admin/league member cannot reschedule game(s). Games will be played as scheduled. Rescheduling by coaches/admin/league member will result in a forfeit for both teams.

## Coaches' Responsibilities

- A. Players will not shake hands prior to or after matches.
- B. The fifty percent (50%) play rule for players applies; all exceptions due to illness, injury, or tardiness must be documented on the match report. Offending team will forfeit that match with a resulting score of 0-2 in favor of opposing team.



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**This rule has been revised. 9/14/22**

- C. All coaches and players must have ID cards at each game. Coaches must present coaches and player IDs to the referee prior to the start of the game. A first-time violation will result in the game being played and the coach of the offending team receiving a one (1) game suspension to be served at the teams next match/game. Any subsequent violations will result in further discipline to be determined by District 5.
- D. Match reports
  - a. Both home and away coaches must have computer generated match reports.
  - b. Written in players are not allowed.
  - c. Names and jersey numbers must be printed on match reports.
  - d. Coaches must review match report(s) prior to each match, at the half time break, and at the completion of each match.
  - e. Coaches must sign the match reports, not doing so does not constitute a grievance/protest.
- E. Coaches are responsible for checking the standings posted on the District 5 website for accuracy and report all inaccuracies to inter-league coordinators.

## Rules

- A. Teams will have four (4) home matches and four (4) away matches. (If possible).
- B. Matches impacted by nature (fire, rain, etc.) will be rescheduled.
- C. Matches will consist of 40-minute halves, 20-minute quarter substitutions, running clock.
- D. Ten Point Scoring System
  - a. Win = 6 points
  - b. Tie = 3 points
  - c. Loss = 0 points
  - d. Goal = 1 point per goal up to three (3) goals
  - e. Shut out = 1 point
  - f. Forfeit = 8 points to opposing team (0-2 score with no shut-out point).
- E. Substitutions will occur at the quarters.



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- F. Any injured player requiring coach assistance on the pitch must leave the pitch for at least one play and may reenter with referee approval on their next stoppage of play or may be substituted for the remainder of the quarter.
- G. Referee abuse will not be tolerated and will result in stern disciplinary action.
- H. All referees and head coaches must sign match reports at the conclusion of each match acknowledging its' accuracy, not doing so does not constitute a grievance/protest.
- I. Match protests
  - a. Referee calls cannot be protested.
  - b. Protests must be emailed to the inter-league coordinators using a league approved protest form within 48 hours of the match.
- J. Match reports must be reported to inter-league coordinators within twenty-four (24) hours of the match.
- K. Referee reports must be submitted to inter-league coordinators within twenty-four (24) hours of the match.
- L. Players ejected twice during the year for fighting will not be allowed to participate in the current inter-league season.
- M. Inter-league playoff tie breakers
  - a. Head-to-head competition - does not apply if more than two teams are involved or if the teams have not played each other.
  - b. Number of goals allowed
  - c. Number of goals scored
  - d. Number of shutouts for
  - e. Shoot out
- N. Highest seeded team in the championship match will have the option to host or use a neutral site for the championship match.
- O. Playoff overtime rules.
  - a. Golden Goal.
  - b. Fifty percent (50%) play rule does not apply.



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- c. Four 5-minute overtime periods.
- d. Players picked to play in overtime will not be substituted except for injury.
- e. Any red cards issued will result in team playing short for remainder of the match.
- f. All teams must maintain a minimum of five players, not being able to do so will constitute a forfeit.
- g. First overtime period played with eleven players; second overtime period two players are removed; third overtime period two additional players are removed; fourth overtime period two additional players are removed.
- h. If still tied at the end of overtime, penalty kicks will take place. Only fielded players are eligible to take penalty kicks. Goal keepers may be switched out with a fielded player before the start of penalty kicks.

## **Yellow/Red Card violation**

- a. Yellow card requires player to come off the pitch until the next stoppage of play with referee approval or may be substituted for the remainder of the quarter.
- b. Player(s) receiving (2) yellow cards (soft red) in the same match will be suspended for (1) from the next match/game.
- c. Players or coaches sent off will serve at least a one match suspension and possible further disciplinary action pending review of an official referee report by inter-league coordinators.
- d. Ejections for fighting will result in a three (3) match suspension. Player may be required to attend a disciplinary hearing held by their league of play before resuming inter-league play.
- e. A players receiving three (3) yellow cards accumulated in the season will automatic be suspended the next match/game.
- f. Any player who is ejected twice during the year for fighting will no longer be allowed to participate in inter-league.
- g. Player who receives a red card for fighting and 3 yellow cards may not be eligible for all stars. District 5 will decide case by case.